

I love horse riding.
It gives me confidence and makes me happy.

Reuben



It helps me to sit up straight and concentrate more on holding my head up and looking around.

Sarah

Horse riding is great fun!



I can't wait for Tuesdays!



My favourite horse is called Trixie.



I have to use my voice to say 'walk on Trixie'.



Horse riding is my favourite activity.

It makes me smile.

I can stand up on my horse! Horse riding keeps me calm.







I giggle non stop on my horse rides.



Biunca

Horse riding helps my confidence and self esteem.

